



## BEGINNER'S SAFETY COURSE ~ 2026

### Application information

Newhaven Archery Club, Greenfield, Heighton Road, Firle

Newhaven Archery Club welcomes anybody who wants to try archery with a view to taking up the sport and joining an Archery GB affiliated club. Please note that this is a training course and not a taster session. On the beginners course our Archery GB qualified instructor/s will teach you the correct shooting technique and ensure you know how to shoot safely within a club environment. This course is run in accordance with the Beginner's Course Safety Manual as set out by Archery GB.

### When & Where

- The course is a minimum of 12 hours tuition spread over 2 sessions.
- There are 2 courses which will be held on **Saturday 30th May & Saturday 6th June 2026 AND Sunday 31st May & Sunday 7th June 2026** from 10am to 4pm at our home ground. You may only choose either Saturdays or Sundays. Not both, and not one date from each.
- If it is necessary to cancel a session due to inclement weather, an alternative session will be provided, however, we will persevere on the day if we can.
- You must attend **both** sessions **in full** to be eligible for a pass certificate.

### Cost

- The fee for this year's course is £60.00 per person, payable by bank transfer.
- Payment information is given on the application form which needs to be completed and returned to [Newhaven\\_archery@yahoo.co.uk](mailto:Newhaven_archery@yahoo.co.uk)
- **Payment must be received no later than Saturday 23rd May to reserve your place on the course.**

### Eligibility

- Anyone over the age of 8 years old at the time of the course may apply.
- All juniors (8-17y/o) must have a parent/guardian present **at all times**. Juniors remain the responsibility of the parent/guardian. Please contact the club secretary for more information regarding junior archers.
- If you have a physical or learning disability that you think may affect your ability to take part, please contact the club before applying so that we can arrange for any specific resources or equipment to be brought to the range.
- In the event of wet weather, our outdoor field can become soft/muddy which could make it unsuitable for wheelchairs or mobility chairs.
- Our sessions are conducted in English. Please ensure you have a good understanding of spoken and written English to understand the safety information related throughout the course.

## Equipment

- We provide all the equipment you will need for the course. Please, **do not buy any equipment** prior to completing the beginner's course.
- Please do not bring your own equipment to the Beginner's course. This is not covered under our insurance terms, and you will not be permitted to use it at our site.
- The bows used are low poundage: 16-20lbs for adults and older juniors, 12-16lbs for younger archers. If you think you may have challenges maintaining a draw at this weight, please speak to the club secretary before completing a form.
- On completion of the course, advice will be given to help you purchase your equipment.

## Insurance

- All participants who have paid for the course and Newhaven Archery Club volunteer members are insured under Archery GB for this event.

## Clothing

- You should wear comfortable, but close-fitting, clothing. It is advisable to wear several layers that can be put on or removed as needed.
- Do not wear baggy tops or bulky jackets. Any hood drawstrings should be removed if they cannot be tucked inside.
- You must wear **closed in shoes (no sandals or flip flops)**. It can sometimes be wet and muddy at the field so waterproof shoes or wellies are good to have in reserve.
- You may be asked to remove any jewelry or loose items of clothing that may interfere with the bow string while shooting.
- Archery etiquette requires stomachs to be covered, even when the temperature is hot.
- No offensive/inappropriate logos, slogans, or images on clothing.

## Refreshments

- Drinks and snacks will be provided on the day, but you will need to provide your own lunch.

## Certificate

- All participants who complete both sessions will be provided with a Newhaven Archery Club Beginner's Safety Course certificate. This certificate is valid for any Archery GB affiliated club in the UK.

Club secretary:  
Newhaven\_archery@yahoo.co.uk